

The HNS Happenings

Lake Cathie
Community Hub

Issue #19
August 2022



Hastings Neighbourhood Services

Port Macquarie

2 Dodds Street

65838044

enquiry.portmacquarie@hns.org.au

Wauchope

96 Cameron st,

Wauchope NSW 2446

65864055

enquiry.wauchope@hns.org.au

Lake Cathie

34 Mullaway Road

0408194947

equiry.lakecathie@hns.org.au

Birthday Wishes Happy Birthday to:

Helen S -3/8

April H -7/8

Aimee H -11/8

Brianna D -13/8

Margaret W -13/8

Julie D -3/8

This Months Surprise winner is.....

Ben B

What is going on this Month

TAX HELP

Do you need help with lodging your tax return? If so, the Lake Cathie Hub is offering free Tax Help from a Tax Help Volunteer. To discuss your eligibility and to book an appointment contact the hub on 0418 194 947.

CATHIE YOUTH HUB

Last Thursday saw us launch our latest program, the Cathie Youth Hub. Despite the rain a great afternoon was had by all. Everyone had fun playing indoor Pickle Ball, Playstation, and simply hanging out and enjoying toast and toasties. We invite Youth to join us every Thursday afternoon commencing at 3:00pm to 5:30pm during school term.

A word from the Coordinator

With spring around the corner the Cathie Hub Gardeners have began preparing to plant their spring crop.

Also the gardeners have completed installing their shade structure/passionfruit trellis which will provide some much needed shade throughout the warmer months. A huge thank you to everyone involved with this project. Regards Brendan

Quote of the Month

**KEEP YOUR EYES
ON THE SUN AND
YOU WILL NOT
SEE THE
SHADOWS.**

**AN ABORIGINAL
PROVERB**

Shine a Light

During Homelessness Week commencing on August 1st to 7th the Lake Cathie Hub will be hosting the Port Macquarie-Hastings Homelessness Committee "Travelling Road Show". Come along and see the amazing services available and find out how you can support people experiencing hardship.

Where to find out more.....



Visit us - Lake Cathie Community Hub and Garden
www.hastingsneighbourhoodservices.org.au
www.hastingsneighbourhoodservices.org.au/friends-of-hns.html